

Prayer & Fasting

Matthew 6:5-8, 9-13, 16-18

_____ : To bring into harmony, to adjust for precise function, intensity, or effectiveness.

I. **Don't** (Matt 6:5-8)

- A. Don't pray for _____
- B. Don't pray with many words and never ending talk

II. **Do's** (Matt 6:9-13)

- A. - Matt. 6:9 Pray like this
 - 1. God you are Approachable & _____ - amazing, you're the one and only
- B. - Matt 6:10
 - 1. God, I want what ever _____ want. God. Its not about what I want, I will be more fulfilled with your will.
 - 2. We are not trying to get God to align with our _____, we are trying to align ourselves with His wishes.
- C. - Matt. 6:11 God please supply our _____
- D. - Matt 6:12 _____ us but also let us be Filled with forgiveness
- E. - Matt 6:13 Help us _____ temptation

III. **Prayer Tips**

- 1. Let _____ guide your prayers (Rom 8:26)
- 2. Pray with _____ (Mk 11:24) Believe Not a prosperity not name it claim it
- 3. Pray with more _____ (Jms 5:16) If you are living in a continuous _____ life style as a Christian it's going to interfere with your prayer.

IV. **Fasting** (Matt 6:16-18) - _____ time

- A. Fasting _____ the signal - Removes _____ .

10 days of fasting

Remove

- 1. _____ - give your soul a break
- 2. _____
- 3. Some element of _____

Please take some time to pray and think about how to fill out the yellow commitment card. Then consider nailing it to the cross.